



**Ms. Suma Kadavil**, Headmistress

Respect for ourselves guides our morals;  
Respect for others guides our manners.”

– Laurence Sterne

Respect for others is easier, we can do it by being helpful, not using harsh words, apologizing for one's mistakes, saying "Please" and "Thank you", being mindful of the people around us.

In the classroom, children should respect all the other children, should not speak ill of them but see the good in them and talk about it. Self respect is not easy as one has to look into oneself and like what one sees. It needs one to lead one's life with grace and dignity, caring for mind, body and soul and living a fulfilling life. Honouring and respecting others and oneself can be achieved by small subtle gestures. It is a great sign of love, it makes your day positive and makes you feel good about yourself.



**Mr. K.C Vijayan**, Treasurer,

Hari Sri Vidya Nidhi Trust

My Dear Children,

You are an extension of our hopes, dreams and aspirations, a gentle reminder to us that through you, we can hope to correct our mistakes and create a better world for all of us. Correct our mistakes so that the world is for all of us.

- Have Beautiful Limitless Endless Dreams – Whatever other people might tell you, however crazy you might sound to others, sometimes you yourself might doubt whether your dreams will come true or not. You have to create, visualize and amend that mindset.
- Be Passionate about a few Things in Life – What would you love to be? What do you want to excel in? What is the skill with which you are going to leave a footprint on this world? Be an Actor, Dancer, Stand Up Comedian, Chef, Businessman, Boxer, Doctor, Economist, Engineer, Teacher, Sports Person, Social worker, Writer etc. You should be passionate about what you want to do in your life and domain.
- Life is Going to be a Rollercoaster Ride – Life isn't going to be all fun and no pain. There are going to be ups and downs emotionally, financially, career wise, health wise, relationship wise. The sooner you learn that, the better your life is going to be. At the end, it is all about the balance you find within yourself that's going to give you peace. It is all about bouncing back.
- Enjoy your Journey – Whatever you choose to do or not to do, please do not forget to enjoy the journey with gratitude and mindfulness. You are going to be amongst the lucky few to have been here and done that. Be grateful for what you have, rather than what you don't.

I will conclude with a small poem which I learned when I was little.  
"The heights by great men reached and kept, were not attained by sudden flight, but they, while their companions slept, were toiling upward in the night."  
– HW Longfellow

At Hari Sri under the able leadership of Mrs. Nalini Madam, our little ones have a wonderful opportunity to build strong wings and fly far far away!

I wish you all the very best!



ASISC D-ZONE CATEGORY 2  
COLOURING COMPETITION

## ASISC KERALA REGION CULTURAL FEST ZONE D (SUB ZONE A) CATEGORY II (CLASS 1&2)



Hari Sri Vidya Nidhi School, Punnunnam, hosted the ASISC-Kerala Region Cultural Fest 2022-'23 for Zone D (Sub Zone A), Category 2 (Classes I & II) on 6th October, 2022. The Guest of Honour, National Award-winning actor Mr. Biju Menon, the Special Guest, State Award-winning actress Mrs. Samyuktha Varma and the Chief Guest, Founder Principal of the school, Mrs Nalini Chandran, inaugurated the event by lighting the lamp. Mrs. Preetha Venugopal, the Principal of the school delivered the welcome speech. The Cultural Fest was declared open by Mrs Deepti Menon, Executive Director of the school. The President of Hari Sri Vidya Nidhi Trust, Mr. T.G. Chandrakumar, the Treasurer, Mr. K.C. Vijayan and the CEO of the school, Mr. P.N. Unnirajan (IPS Retd.), were the other dignitaries present.

The theme of the Cultural Fest was 'Avengers' and the inaugural function was made exciting, creative and innovative by the performance of popular Avenger characters to represent the various events of the day. In addition, the event zones in the Hari Sri Cultural Universe (HCU) were decorated with these much-loved characters from the Marvel Cultural Universe (MCU) to welcome the young participants and inspire them to give it their best shot.

Students of classes I and II from eighteen schools participated in the various competitions: English Rhyme, Pick and Talk, Story Telling, Colouring, Action Song, Western Dance and Malayalam Rhyme. The children were enthusiastic, motivated and energetic in their performances.

There was spirited competition among the various schools. Lord's Academy, Varandarappilly, secured the second runner up position, Don Bosco, Mannuthy, secured the first runner up position and the first position was bagged by St. Joseph's Model Public School, Kuriachira. The Closing Ceremony with the declaration of results was vibrant and thrilling for children and teachers alike.

The meet was declared officially closed by Mr. P.N. Unnirajan (IPS Retd.), CEO, Hari Sri Vidya Nidhi School.



Mrs. Deepthi Menon Executive Director



Dear Children,  
The month of October was one which was filled with activities and won us many laurels as well. Our children performed extremely well in the arena of sports and cultural activities, bringing back numerous trophies with them. The 'At Home' programmes by the four sections were well appreciated by the parents who turned up in large numbers.

As always, our children were aware of the rules of sportsmanship and fair play, good behaviour and mutual respect. Kudos to the children, the staff and the parents for having held the Hari Sri flag high!

## ASISC CULTURAL WINNERS-CATEGORY 2



The Winner: St. Joseph's Model Public School, Kuriachira



First Runner-up: Don Bosco, Mannuthy



Second Runner-up: Lord's Academy, Varandarappilly



Inaugural Dance - The Hari Sri Team

## ASISC KERALA REGION CULTURAL FEST 2022-'23



The audience at a glance



Encouragement is the base of all winning performances!  
The little cheer leaders of Hari Sri encouraging the winners through their graceful moves during the valedictory function

Group items by the participating schools



## ASISC CULTURAL FEST ZONE D - ZONE & SUB ZONE A (CATEGORY-3) CLASS 3, 4, 5

The Sub Zonal Cultural Fest was held in Mariam Thresia Public School at Poovathusseri on October 3rd. Hari Sri Vidya Nidhi secured the **1st Runner-up trophy**, winning both the group items; a) Eastern Group Song b) Group Dance. The Zonal Cultural Fest was held at St. Patrick's School at Mananthavady on October 26th. Once again Hari Sri secured the **1st Runner-up trophy**. The Eastern group song team was trained by Ms. Geetha Laxman and Mr. Kiran Prakash. The group dance team was trained by Kuttan Master, Ms. Rajalakshmi and Ms. Lathamol.



The Hari Sri team with the first Runner-up trophy (Sub Zone)



First Runner-up at the Zonal level



Group Dance



Group Music

## ASISC CULTURAL MEET ZONE D-SUB ZONE-A (CATEGORY-4)

Students from Class VI, VII and VIII of Hari Sri Vidya Nidhi School had participated in the ASISC Cultural Meet, Zone D, Sub Zone A (Category 4) held at Carmel Academy, Chalakkudy, on 1st October, 2022. Hari Sri bagged the **1st Runner-up trophy** at the Sub Zonal level. 12 students had qualified for the D-Zone level.

On November 5th, 2022, 12 children of Hari Sri Vidya Nidhi School had participated in ASISC Cultural Meet, Zone D (Category 4) held at Nirmalamatha Convent School, Malampuzha. Hari Sri won the **1st Runner-up trophy** with 28 points. Individual winners are as follows:



Hari Sri team with the First Runner-Up Trophy (Sub Zone)

- Ann Eapen (VIII D) : First in Malayalam Recitation
  - Arush Nair (VIII D) : First in English Elocution
  - Mathew Paul K. (VII D) : First in Light Music English (Boys)
  - Abhiram Krishna K. R. : First in Light Music Malayalam (Boys)
  - Sreebhadra Menon P. (VII D) : Second in Mohiniyattam
- The Group Dancers bagged the third prize.



Eastern Group Song



Sreebhadra Menon P. (VII D)  
Second in Mohiniyattam



Western Group Song



Third in Group Dance



Third in Theme Dance



Mathew Paul K.  
First in Light Music:  
(English) Boys



Ruhi Ella Joseph  
Second in  
Light Music:  
(English) Girls



Ann Eapen VIII D  
First in Malayalam Recitation



Mathew Kanichal VII D  
First in Western Light Music (Boys)



Third in Theme Dance



Third in Group Dance



First Runner-up team



Sreebhadra VII  
Second in Mohiniyattam



Aarush Nair VIII D  
First in English Elocution



Abhiram Class VII  
First in Eastern Light Music (Boys)

**ASISC CULTURAL MEET ZONE D-SUB ZONE-A (CATEGORY-5)**

The Category 5 Sub Zone level ASISC Cultural Meet was held on Monday, the 10th of October, at Lord's Academy, Varandarapilly. We, a team of enthusiastic and excited students and teachers from classes 9th and upwards, started our journey from the school at six in the morning. We reached our destination by around 7:30 am. An eventful day was waiting for us and we embraced it with great zest. We were determined to make our mark and I proudly say, we sure did. Hari Sri bagged the Overall Champions Trophy and qualified for the next round, the D Zone, where once again we won the Overall Championship.



R. Bharathkrishna  
First in Eastern Solo (Boys)



First in Group Song



Sachin Madhu  
First in Extempore (English)



Trisha K Sajeev  
First in Western Solo (Girls)



Johan Varghese  
Third in Extempore (Malayalam)



1) Hari Sri Team with the Overall Championship Trophy 2) Lakshmi Sreenidhi-Second in Folk Dance 3) Nileena M Jayapradeep-Second in Eastern Solo (Girls)



Group Dance



Overall Champions



Contemporary Dance



Group Song (Eastern)



Soumindra C.S. (XC)  
First in Bharatanatyam

# NAVARATHRI CELEBRATION

Navarathri was celebrated with great festivity and joy at Hari Sri Vidya Nidhi School, Punnamm, Thrissur. The festival marks the victory of good over evil. The school laid out the elaborate 'Bommakolu', which was a feast for the eyes. The craft teachers, Ms. Suma Saji and Ms. Divya Jayakumar, along with the school captains arranged the 'kolu'. The teachers sang devotional bhajans in praise of Goddess Sakthi, Saraswathi, Ganesh, Ayyappa and Hanuman.



## ബാലമിത്ര പ്രതിജ്ഞ



ശ്രീമതി. ജഗദമ്മണി കെ.പി കുട്ടികൾക്ക് ബാലമിത്ര പ്രതിജ്ഞ ചെയ്യിക്കുകയുണ്ടാകുന്നു.



Ms. Ancy Binoy attended the meeting on 'Leprosy and How to identify the Cases' conducted by the Health Department of Kerala on the 14th of October, 2022, at the District Hospital, Thrissur.

## ബാലമിത്ര - പ്രതിജ്ഞ

വിദ്യാർത്ഥികളായ ഞങ്ങൾക്ക് അധ്യാപകരിൽ നിന്നും ആരോഗ്യ പ്രവർത്തകരിൽ നിന്നും ഉദ്ദിച്ച കുർകർമ്മം വേറെയും പറ്റിയുള്ള ബോധവൽക്കരണങ്ങളുടെ ഭാഗമായിട്ടാണ് ലേഖനം എന്ന് ഞങ്ങൾക്ക് അറിയാം. ഞങ്ങൾക്ക് കർമ്മം എന്ന് തോന്നിയിരുന്നു. ബാലമിത്രമേയുള്ളൂ നിന്നും ഭയമില്ലാതെ, ചുറ്റുമുള്ള ആയ നഷ്ടങ്ങൾക്കെതിരെ കർമ്മം പാലകർ കർമ്മം ചെയ്യാൻ ഞങ്ങൾ തയ്യാറായിരുന്നു. ഇത് പരിചയപ്പെടാനും, അതിനെ ഒരു ബോധവൽക്കരണം നമ്മുടെ മനസ്സിൽ എപ്പോഴും കേൾക്കേണ്ടിയിട്ടും ഉൾക്കൊള്ളാനും ഞങ്ങൾ തയ്യാറായിരുന്നു. കുട്ടികളിലെ കർമ്മം പ്രാർത്ഥനയെ കർമ്മം പരിചയപ്പെടാനും ഞങ്ങൾ തയ്യാറായിരുന്നു. ഇതിനാൽ കർമ്മം ചെയ്യാൻ ആർക്കും നിർമ്മിച്ചുള്ള വൈകല്യങ്ങൾ ഒഴിവാക്കാനും കഴിയും എന്ന് ഞങ്ങൾ തീർച്ചപ്പെടുത്തിയിരുന്നു. ഞങ്ങൾ എന്റെ സുഹൃത്തുക്കളും എന്റെ കുടുംബവും ഈ കർമ്മം ചെയ്യാൻ ആയിരിക്കും. ഞങ്ങൾ ബാലമിത്ര കർമ്മം ചെയ്യാൻ പരിചയപ്പെടാനും നഷ്ടപ്പെടാനും കർമ്മം ചെയ്യാൻ നിർമ്മിച്ചുള്ള പ്രവർത്തനങ്ങളിൽ പങ്കാളിയായുണ്ടാകും ഇതിനാൽ പ്രതിജ്ഞ ചെയ്യാം. പ്രതിജ്ഞ പ്രതിജ്ഞ പ്രതിജ്ഞ

## ENGLISH OLYMPIAD WINNERS



1. Rish Krishna K Ranjith (VI C) 2. Johana Anish Peter (VD) 3. Janaky Deepu (VI B) 4. Theresa Babu (VD) 5. Parvathy Menon (VI B) 6. Jake Jones (VI B)

### TESTIMONIAL

Words can't describe how I felt when I visited my home for ten years, Hari Sri, after a very long time on the occasion of my sister's Open House. Those wonderful teachers who made me what I am today, the grace on their faces hadn't lessened a bit ...it took me by utter surprise when some of them who had taught me in LP recognised me ! As the majority of the Hari Sri-ites did, and I guess, still do, I used to take the things my teachers and school did for me for granted and it was only once I stepped out of my school, I realised what a lion's share role those little things played in my character development, presentation skills and spoken English.

To put it in simpler words ... Hari Sri is what taught me to stand out in the crowd, no matter how far or wherever I go. We had reading in the assembly, inter house literary competitions, other literary activities at school and I used to take part in most of them. It was solely on those platforms that I got to

develop my public speaking skills and because of those skills I inculcated from Hari Sri that I can express myself with confidence before a crowd. Believe me, Hari Sri gave me the best opportunities to develop those skills, and having met people from all over India in college, I see them struggling to even write a letter and practise nearly a week for a presentation. It always struck me by awe why it was so hard for them when it is just a piece of cake for me. All that I have I owe to Hari Sri alone. While I was a student there, I used to hear the alumni sharing their experiences of how Hari Sri helped them evolve into what they are. We all took that for granted and paid less heed to them, but it was only once I stepped out of my comfort zone I realised the significance of even those tiny things we had in school. The competition keeps on surging and it is only those who 'stand out in the crowd' that survive. So I would like to conclude my note to my juniors in Hari Sri, by saying that you all are so blessed and lucky to be studying in Hari Sri. I don't really think there is any other school which gives spoken English so much importance as I have interacted with students from almost all over India. So utilise EVERY opportunity the school offers because it is those little things that mould you into a better person, a person who stands out in a crowd, a person whom people will look up to.

Rose Merin John  
2017 - ICSE  
Presently at St John's Medical College,  
Bangalore



# ACHIEVEMENTS

## Kerala Region 'D' Zone Athletics Meet

The Hari Sri athletic team of 36 members, consisting of 8 sub juniors, 14 juniors and 14 seniors, set off for the Kerala Region D Zone Athletic Meet which was held in the Christ Vidyanikeyan campus at 6 am on the 11th of October, Tuesday. The team was accompanied by Ms. Suma Saji, Mr. Vipin P.V. and 6 extremely supportive ex-Hari Sri-ites. 21 schools took part in the meet. Hari Sri managed to bag 48 medals in total by the end of the 2-day long tournament. We won the individual championships in both 'Under 17 Girls' category and 'Under 19 Girls' category. We also won the Overall Championship in the 'Under 19 Girls' category and Runners-Up in the 'Under 17 Girls' category. Hari Sri brought home the First Runners-Up trophy with a total of 120 points. The Overall Championship was won by Christ Vidyanikeyan School, Irinjalakuda. Of the 36 members, 13 have been selected to the State Level Athletics Meet to represent 'D' Zone.



## ASISC CHESS TOURNAMENT



Lakshmi M.R. and Parvathy Menon (Under 14) in the ASISC State Chess Championship-2022



Sreekanth Pisharody got the Gold Medal at the State level (Under 19) ASISC Chess Championship 2022



Pavithra S. Nair, Diya P. Warriar, Shivani Rajesh and Emlene Raju got the Silver Medal in ASISC State Chess Championship (Under 19 category). In this tournament, Emlene Raju and Diya P. Warriar got selection at the National Level. Mr. Dileep Williams and Ms. Angel C.V. accompanied them.



Padma M. secured a Gold Medal in the ASISC State Chess (Under 17 Girls) Tournament.



Anupama A.R. (Individual Champion - Under 19)



Shivani Sudheer (Individual Champion - Under 17)



ASISC State Basketball Runners-up Vasudev Reghuram, John Chungath Lakshman T.R and Romaan Edison



Sharon and Manoranjan secured Gold in ASISC State level Chess Championship (Under 19 category). Mr. Dileep Williams and Ms. Angel C.V. accompanied them.



Sidhanti N Vivek awarded as the YOUNGEST CUBER for the event AMRITA SILENCE OPEN-2022



Achintya secured the 2nd place in the SIKKA BANGALORE Open 4th National Level Karate Championship.

Jake Jones of VI B secured the Second prize in Dist. Table Tennis Tournament held at Irinjalakuda Don Bosco School. ----->



Rose Jones of III B won the Bronze medal in Under 11 and Under 13 Girls District Table Tennis Tournament held at Don Bosco, Irinjalakuda. Janvi Jeneesh of III D won the Bronze Medal in Thrissur District Roller Skating Championship.



## RABIES AWARENESS CAMPAIGN

On 10th October, Dr. Ambila from Veterinary Hospital, Mannuthy, spoke to our students from Class 5 to 12 giving them a detailed presentation on rabies. She spoke about the origin, prevention, cases, symptoms and vaccination. It was a virtual presentation with a Question and Answer session at the end, very informative for the children.

## CAREER GUIDANCE PROGRAMME

Mr. T.S. Nagarajan, a well-known trainer and CMA Ramasubrahmanian T.N. took a career guidance programme for the Plus Two Students. Mr. T.S. Nagarajan spoke about the current situation of the job market and gave insightful remarks and comparisons of the real world. CMA Ramasubrahmanian T.N. enlightened the children with a talk on the various courses related to finance and how to pursue them.

