VOLUME 4 ISSUE 4 SEPTEMBER 2025



[AR]

LET THE PEAL OF HARMONY BE THE APPEAL OF ALL RELIGIONS

Pulse *

NEWS LETTER



Ms. Liny Govindankutty Co-curricular-in-charge, Plus Two Section

The Importance of Character, Morality, and Dignity over Academics

"Intelligence plus character—that is the goal of true education." Martin Luther King Jr.

In today's world, academic excellence is often celebrated as the key to success. However, true

success and respect in life come not merely from knowledge, but from the strength of one's character, morality, and dignity. A person may achieve high grades and professional success, but without good values, that success remains hollow. Character shapes who we are when no one is watching. It reflects honesty, kindness, and responsibility — qualities that win trust and admiration. Morality helps us choose what is right, even when it is difficult. It guides our decisions and gives meaning to our achievements. Dignity, on the other hand, is the grace with which we treat ourselves and others. It teaches respect, self-worth, and compassion. Academics can make a person capable, but good character makes a person admirable. Knowledge gives us power, but morality and dignity teach us how to use that power wisely. In the long run, it is our values - not our report cards - that define us. A well-educated mind combined with a noble heart is what truly builds a better world.

Emcees



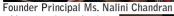




Acceptance Speech: Ms. Kavitha Kochumon

Ms. Neethi Mohan, Ms. Iby Elizabeth Daison, Ms. Liss Jose







Felicitation by the Former Principal Ms. Jaya Nagarajan

FOUNDER'S DAY AND TEACHERS' DAY CELEBRATION

Founder's Day: On 3rd September, 2025, Hari Sri celebrated Founder's Day. On this day, Hari Sri, an institution responsible for raising individuals who have created an important and valuable impact on the world, was founded by Ms. Nalini Chandran. Known for her enthusiastic nature and sharp mind, she is the backbone of Hari Sri. Over the years, Mrs. Nalini Chandran had taught in a variety of schools, teaching subjects like History and English. In 1983, she founded the Hari Sri Vidya Nidhi School, which was later affiliated with the ICSE-ISC Board. She is lovingly nicknamed as Nalini Valiyamma among the students of Hari Sri, who are mostly familiar with her unbelievable stories and passion for spoken English. Founder's Day also makes us look back on how much Hari Sri has grown and developed. The school that has made a name for itself in the history of Kerala, the school looked upon by students with pride and joy, the school which is recognizable by its own colours, Hari Sri Vidya Nidhi School all the way!

On this occasion, teachers from various sections were also honoured for their years of service.

Teachers' Day: 'A good teacher can inspire hope, ignite the imagination, and instill a love of learning.' - Brad Henry

Along with Founder's Day, we also celebrated Teachers' Day. A day for teachers to sit back, relax and enjoy the function hosted for them. On Teachers' Day, we recognise and honour the teachers who have put their heart and soul into educating young children and into this school. Nalini 'Valiyamma', was our chief guest for the event. This year, the students of classes XI and XII organized an unforgettable Teachers' Day for our teachers. All the staff rooms were decorated by students. The function started off with the students of Class XII putting upa dance performance filled with charisma, passion and the love for their teachers radiating with each step. The singers of the XII section sang incredible songs. Through their beautiful voices, each lyric could be felt in our souls. The finale of the programme organized by the students of Class XII, was a dance break where each student showed their appreciation for the teachers who had taught them over the years through the beat of their feet. The Captains of Hari Sri 2025-'26 showcased an amazing performance with dance breaks, music and multiple stunts. As a final thank you to all the teachers who have guided them all through these years, the class of Hari Sri 2025-26 had a final surprise for their teachers. They called all their former and current teachers on stage and presented everybody with handmade Thank You notes, showing their appreciation one last time in the form of a piece of paper which can be cherished forever.

In the end school is not just another place, it is our second home, a place where we have the freedom to grow and discover ourselves without the fear of judgement and through all this, there will be a group of people who will support us no matter our decisions or our way of life; they are our teachers. 'The influence of a good teacher can never be erased.'

Lakshmi Mahesh, IXA



Speech by the Principal, Ms. Preetha Venugopal



Teachers who were honoured for all their years of service in school

HONOURING TEACHERS:

Ms. Sucy Xavier (35 years of Excellence) Ms. Bindu Sudheesan (20 years of Excellence) Ms. Padmaiah Padmanabhan (25 years of Excellence) Ms. Simi Menon and Ms. Ancy K.P. (15 years of Excellence)

10 Years of Excellence

Ms. Kavitha Kochumon, Ms. Indu T.G., Ms. Praveena M.V., Ms. Remya Biju, Ms. Veena Girishkumar, Ms. Susha Shan, Ms. Sreeja Prasad, Ms. Deena Joy

Editorial

Mrs. Deepti Menon

Executive Director



Dear friends, the month of September flew by in a flurry of activity, starting with the celebration of Founder's Day dedicated to our Founder Principal, Nalini Valiamma. Teachers' Day was also celebrated and several teachers were honoured for their years of service.

The enthusiastic Hari Sri parents showcased a wonderful Onam programme for the children in school which regaled one and all. Hari Sri hosted

the ASISC Culturals for Category 3 for classes 3,4 and 5. The chief guest of the function was Ms. Aparna Ram, cine artiste and ex-Hari Sri-ite. We were adjudged the Overall Champions in this category.

Sports, literary and co-curricular activities were carried out in full swing across the month as a preparation for the state and national level competitions to be held in the month of October.

That's all for now, folks!

God bless, Deepti Menon



Cinematic Dance performance by Class XII Humanities



Group song by Class XII students





The Choir



Semi-classical Dance by Class XII Science girls





Cinematic Dance: XII Science



Cinematic Dance: XII Commerce



Cinematic Dance: XI Captains



Captains of 2024-'25 giving Teachers' Day cards to all the teachers

Mahabali's blessing to the children



The start of the Onam programme by the lighting of the lamp by the Principal, Ms. Preetha Venugopal and other dignitaries



'Ranga Pooja' - a blessed beginning

ONAM CELEBRATION

On the 2nd of September, the students of Hari Sri enjoyed the well-crafted Onam celebration planned by the parents and teachers. The programmes set up on stage comprised of various activities; a classical dance that reflected our culturally rich Kerala, a symphonious Thiruvathirakkali, a stylish cinematic dance and a medley of age-old as well as presently trending songs. The set of events culminated with a ramp walk that blended evergreen fashion with modern acquisitions that left the audience awe-struck. The anchors, too, did a wonderful job in hooking the audience and serving as the much-needed bridge between the performers and the spectators. The guest appearance of Mahabali, too, is worth mentioning. After an energetic and impromptu dance session, students took to exploring the stalls that had been set up for us; various food as well as game stalls which quelled both our grumbling stomachs and our zealous minds. Following this, there was a spectacular tug-of-war, more popularly known as Vadamvali, inclusive of parents, teachers and students.

One fact is certain: the 2025 Onam celebrations will forever remain etched in our hearts as a refreshing pit-stop amidst the fast and furious race towards grades and accolades!

Prarthana G.S., IX D



Pookkalam done by the Captains



First Prize



Second Prize



Third Prize



Kaikottikali- Uniting grace, music and heritage



Emcees: Ms. Ranjini and Mr. Madhu Anallur



One rhythm, many voices - Group song



Address by APT President, Adv. Anilkumar





Cinematic dance performance



Ramp Walk-Fashion Show-Modern Vibes. Traditional Roots



The whole team of APT members along with the Founder Principal, Ms. Nalini Chandran, the Principal, Ms. Preetha Venugopal and the Executive Director, Ms. Deepti Menon



'Onam Sadya Vibe'



Hari Sri Vidya Nidhi Trust President, Mr. T.G. Chandrakumar, handing over the memento to the parents for their performance on stage







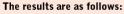
Celebrating with dance steps - teachers and students

ASISC KERALA REGION CULTURAL FEST ZONE-E CATEGORY 3



The much awaited Zonal Level Cultural Fest for Category 3 (Classes III, IV and V) "Expecto Patronum" was hosted by our school on September, 27, 2025. The campus transformed into a magical world inspired by the enchanting theme of Harry Potter. The event brought together the spirit of creativity, talent and friendship as around 22 schools participated with great enthusiasm. The Chief Guest for the ceremony was Ms. Aparna Ram (Cine Artist), an ex-Hari Sri-ite. From the spellbinding dances to the soulful musical renditions and powerful speeches, the competition remained vibrant and healthy. After a day of enchanting performances, team Hari Sri emerged as the Overall Champions bringing pride and joy in the wake of the event. Don Bosco School, Mannuthy, and Lord's Academy, Varandarapilly, reached the Second and Third positions respectively. The event concluded with a valedictory ceremony celebrating not just the winners, but the true spirit of art, culture and camaraderie providing that when creativity meets passion, magic truly happens!

-Tarun Sathish, IXB and Rose Jones, VIA



Advaita Rajesh Vasudev Prabin Panamukkath -First in Hindi Recitation

Devaj N. Midhun Adam Tinto Poomkulam Panakal Joseph Ruan Anamika Menon

Group Events:

Group Dance

Group Song (Eastern)

Group Song (Western)

-First in English Recitation -First in Light Music (Eastern)

-First in Light Music (Western) -Second in English Elocution

-Second in Light Music (Eastern)

First - Participants:

Saanvi Ranjith, Samantha Madush, Ankita Harikrishnan, Swara Mayur Patil, Ishani M. Nair, Savya P.B. and Diya A. Menon First - Participants:

Vasudev Prabin Panamukkath, Keerthana S. Manoj, Devaj N. Midhun, Anika Nair, Janaki V. Manu, Sreeram Sarath, Aishwarya Graisen and Vedavyas Nair

First - Participants:

Adam Tinto Poomkulam, Devanarayan Kanjur, Veditha A.B., Ishika Hari, Akshara R. Menon, Daksha Sreejith, Dhruv Menon, Bhadra Nair and Advitha Rajesh Nair



Founder Principal, Ms. Nalini Chandran.



The Executive Director, Ms. Deepti Menon, saying 'Expecto Patronum' to inaugurate the Zonal Fest



The Chief Guest, Ms. Aparna Ram



The Programme Co-ordinator, Fr. Shino Kalappurackal SDB



Ms. Preetha Venugopal Principal



Ms. Deepti Menon **Executive Director**



Prayer: Ann Eapen, XI Hum.





Emcees:



Ms. Neethi Mohan, Ms. Liss Jose and Ms. Jennifer John Xavier



The Opening Dance performed by the Plus One students





Founder Principal, Ms. Nalini Chandran, giving a copy of her Biography 'Defying Destiny' to the Chief Guest, Ms. Aparna Ram. Principal, Ms. Preetha Venugopal and the Executive Director, Ms. Deepti Menon, standing alongside.



Cheer girls entertaining the audience



Panakal Joseph Ruan: Second in English Elocution



Advaita Rajesh: First in English Recitation



Devaj N. Midhun: First in Light Music (Eastern)



Group Dance performance



Adam Tinto Punkulam: First in Light Music (Western)



Vasudev Prabin: Panakukkath First in Hindi Recitation



Anamika Menon: Second in Light Music (Eastern)



Light Music (Western)



Light Music (Eastern)



First Runner-up: Don Bosco School, Mannuthy, Category 3 (Zone-E)



Second Runner-up: Lord's Academy, Varandarapilly, Category 3 (Zone-E)



Hari Sri Vidya Nidhi School secured the Overall Championship in Category 3 (Zone-E) Cultural Fest

NAVARATHRI CELEBRATION



The Craft teachers arranged a bommakolu in connection with the Navarathri Celebrations



Former Administrator, Ms. Jayashree Parameswaran, doing the 'Arati'





Navarathri was celebrated with great festivity and joy at Hari Sri Vidya Nidhi School, Punkunnam, Thrissur. The festival marks the victory of good over evil. The school laid out the elaborate 'Bommakolu', which was a feast for the eyes. The craft teachers, Ms. Suma Saji and Ms. Mini Joshy, along with the School Captains arranged the 'kolu'. The choir children sang bhajans with our music teachers, Ms. Geetha Laxman and Mr. Kiran on the guitar. The Administrator, Ms. Jayashree Parameswaran did the Arati



Psychology Students Shine at National Seminar "Manahsastram"

Grade 12 Psychology students, guided by Mrs. Sreedevi Nair, had the opportunity to attend a two-day National Psychology Seminar "Manahsastram" at Vimala College on the 10th and the 11 August 2025. The event brought together leading experts and offered students valuable insights into diverse areas of psychology and mental health.

The seminar opened with Dr. Linjo C.J., who explored different personality types-paranoid, obsessive-compulsive, anxious-avoidant, borderline, and antisocial. He also introduced instrumentum psychotherapy, a method that integrates therapeutic instruments with traditional verbal therapy to enhance outcomes. This was followed by Mrs. Leemamol Mathew, who unpacked the concept of "kama mutta", illustrating its societal relevance with examples such as the 2018 floods.

Day two began with an inspiring session by Dr. Sunny Joseph, who emphasised resilience-building and promoting community mental wellness. He highlighted practical strategies including mental health interventions, sociological surveys, and awareness campaigns. The seminar concluded with Dr. Raheemudheen P.K., clinical psychologist, who linked physical and mental well-being while discussing evolving approaches to community mental health care. His session covered pressing issues like self-harm risk factors, "screenagers," sentiment analysis tools, and Tele-Maanas initiatives.

Adding to the excitement, two of our students proudly represented the school in the inter-school Psychology Quiz – PsyQuest, held as part of the seminar.

The seminar proved to be both enriching and inspiring, broadening students' understanding of mental health at both individual and societal levels.

Vidhu Jayakumar, XII Humanities

The Frank Anthony Memorial All India Inter School Debate Competition (National Level)

Categories I and II, held at Bishop Cotton Boys' School, Bangalore, on 25th September, 2025, witnessed an arena of words, assertions and arguments which brought together sharp, young minds from across the nation. The Hari Sri team was comprised of:-

- * Category I Ruhi Elia Joseph of XI Humanities and Keshav Menon Singh of XI Science
- * Category II Akarsha G. Nair of class X-A and Prarthana G.S. of class IX-D

The prizes bagged are as follows:

- The Third Best Team of Category I Hari Sri Vidya Nidhi (Ruhi Elia Joseph and Keshay Menon Singh)
- The Third Best Team of Category II Hari Sri (Akarsha G. Nair and Prarthana G.S.)
- The Best Speaker of Category II Prarthana G.S.

We convey our gratitude to Preetha Miss, Deepti Ma'am, Bindu Miss, Kavitha Miss, Veena Miss and all others who have played vital roles in guiding us and securing our victory. Our sources of encouragement will forever be the prayers, blessings and faith of everyone who has stood by us.

- Prarthana G.S., IX-D.



CATEGORY 1: KESHAV MENON SINGH and RUHI ELIA JOSEPH



CATEGORY 2: AKARSHA G. NAIR and PRARTHANA G.S.



Prarthana G.S. Best Speaker at the National Level, Category-2

ONAM PROGRAMME OF OUR HARI SRI NURSERY SCHOOL

With the monsoon over, it is time for nature to adorn itself with flowers. Everywhere you look it is blooming and what better way to celebrate this special occasion of Onam, our harvest festival, than with pookalams adorning the hallways, corridors and doorways of our homes.

Here at the Har Sri Nursery School, we make it a point to celebrate Onam in a grand way, just as we celebrate all the other festivals. Children are encouraged to put pookkalams on their own. This helps to develop their fine motor skills and their creativity too. Both LKG and UKG have pookalam competitions and the children bring flowers and put the pookalams themselves. They enjoy this colourful activity and the pookalam is judged and prizes given to the best ones. It is a fun filled day for the children and also a great way to introduce our culture and traditions to them.

















POOKKALAM RESULT

LKG-A

First: Sarah Second: Hrishikesan Third: Navami Consolation:

- 1. Trilok K. Menon
- 2. Arundathi
- 3. Isahak
- 4. Parvathy
- 5. Devathmika

LKG-B

First: Annretta Nelson Second: Ishani Vishnu Third: Joan Joseph Consolation:

- 1. Luca Perumattil 2. Amanda Aliv
- 3. Indraniel
- 4. Thanvi Nithin

LKG-C

First: Thrishika Bineesh Second: Madhav P. Vivek Third: Ishani Amal Consolation:

- 1. Dhruv Suvin
- 2. Eka Ambady
- 3. Hazel Theresa
- 4. Noah Ashwin

LKG-D

First: Niharika Second: Harsha Vardhan Third: Yash Consolation:

- 1. Ishanvi
- 2. Ishaan
- 3. Eyan 4. Aadwika

UKG-A

Second: Nainika Rathish Third: Rudraksha K.G. Consolation:

- 2. Jacqueline Jacob Jabel
- 3. Jaanvi Vibin
- 4. Ishan Anosh
- 5. Prakrithi V.N.
- 6. Sriparvathy G. Mohan
- 7. Sreeyukth N.B.
- 8. Laya Lee

Second: Astha Mariam Sujin Third: Navaamika K.S.

- 1. Jewel Jia Aju
- 2. Anvi Abhijith
- 3. Ananthapadmanabhan S

First: Elizabeth Ann Second: Athena Jinil Third: Nathania Anish and Nehamin Serah Sijo



- 1. Ishaan lal N.S.

UKG-D

- 2. Somanayaki Karthik
- 4. Devansh A. Kiran



First: Vigrah Vishnu





First: Nila Nikhil

Consolation:





- 2. Izahak Paramban Atley
- 3. Sreelakshmi T.L.



First: Vagmi Raneesh Second: İshaan Jairam Third: Archith O.R. Consolation:



- 3. Jaanvi Sruthy Jayamohan







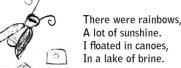








I once had a dream, A very small one. Flowing like a stream, It was a lot of fun.



Birds were singing, One had a very nice sheen. Bells were ringing, Yet no one was seen.

I got out, there suddenly was a din. I looked about, I saw a bin.



From the bin,
An insect emerged.
It was the cause of the din,
And round it lurched.

I was shaking, A lot right when. I started waking, I realised then.



Saisha S. Menon, IVB



Unforgettable Classic Stories by Deepti Menon

In this captivating collection of ten eclectic short stories from the literary masters, you will be gently transported from mystery and fantasy to horror. From the whimsical world of Rip Van Winkle where old myths come alive to the imaginative London world of Charles Dickens, from the Russian classics by Anton Chekov and Alexander Pushkin throbbing with anticipation, hope and suspense, to the poignant yet fragrant love stories by O Henry and Henry Harland, this collection of ten stories takes you on a literary voyage around the world. The anthology transports you to the intriguing milieu of Baker Street and Sherlock Holmes, ending with a sojourn into the fascinating minds of master craftsmen like WW Jacobs, Arthur Schnitzel and Guy de Maupassant. Prepare yourselves for an immersive and suspenseful experience!

ART BEAT



Nanda Nair, XII Com.



Arjun K., XII Hum.



Meghna Pravin, XI Com.



Izabel Mary Joseph, XII Com.





Nayana Fandry, XI Com.



Vykha Nair, XD



Miura Narayan, XII Hum.



Gouripriya K.S., XII Hum.



Punya P.P., XII Hum.



Sera Elizabeth Francis, XII Hum.



Sreehari K.N., XB



Athmika K.S., XD



Asna Hassim, XC



Gadha Jayaj, XI Sci.



SPORTS ACTIVITIES

CISCE National Football Tournament 2025

In the CISCE National level Football Tournament, Muhammed Laazim C.S., (XI Sci.) has been selected to the CISCE Indian Team to play in the SGFI Tournament.



CISCE Boxing Tournament (National Level)

The CISCE Boxing Tournament was held at Jabalpur, M.P. from 17th to 20th September, 2025. From Hari Sri School, the following students played for the Kerala State team. Sreedev V. Nair, (XD) secured the Bronze Medal in the Semi Finals and Ashmita Chakkalakkal, (IXD) reached upto the Quarter Final Round.



CISCE National Athletic Meet 2025

The CISCE National Athletic Meet was held at Bengaluru from 11th to 13th September, 2025.

Sreeram Venugopal, (XI Hum.) secured the Bronze Medal in 4x400 mtr. Relay and 400 mtr. Race.



CISCE Table Tennis Tournament (National Level)

The CISCE Table Tennis (U14 Girls) Tournament was held at Bhopal, M.P., from 5th to 7th September, 2025. The Kerala Team secured the fourth position in the tournament. From Hari Sri Vidya Nidhi School, Rose Jones, (VIA) played for the Kerala



CISCE Carroms Tournament (National Level)

The CISCE Carroms Tournament was held at Rampura, West Bengal, from 3rd to 6th September, 2025. Shreya P.R., (IXD), Ashlin Johny, (IXD) and Nived P.R. (VII D) reached the Semi Finals.



CISCE Badminton Championship (National Level)

The CISCE Badminton Championship was held at Bengaluru, Karnataka from 25th to 28th September, 2025. The following students represented the Kerala team:

- Tejal K.S., (XI Sci.) (reached the Nationals)
- Riana Tomraj Kattukaran, (IXD), (reached the semi-finals)
- Razia Muskan and Errin Vijay (Participation)

YOUTHALIC THRISSUR MUN 2025

The Youthalic Thrissur hosted its Model United Nations 2025 at IES Public School, Chittilappally, from 12th to 14th September. The three day conference witnessed dynamic debates and powerful diplomacy, with sixteen of our students proudly representing the school across various committees.

From Class VIII, Nandini K. took part in the WHO Committee. Prarthana G.S., Class IXD, contributed actively in the Lok Sabha. From Class X, our delegations included Shravan Krishna, XC, (DISEC), Advika Anilkumar, XC (Lok Sabha), Aravind D, XC (DISEC), Anirudh Ranjith, XB (DISEC), Shravan D. XB and Sreehari XB (Lok Sabha). From Class XII Hum., Sera Elizabeth Francis (Lok Sabha), Nandana Raghunandan, XII Hum. (International Press), Zarah, XII Hum. (Lok Sabha) and M.A. Parnika, XII Com. (UNHRC) represented

The highlight of the event was the recognition that our school received.

- Zarah P.K., XII Hum. received a High Commendation in the Lok Sabha Committee.
- Tarun Sathish, IXB, (Lok Sabha) got special appreciation for his

The MUN proved to be a vibrant platform for our students to polish their leadership, critical thinking and public speaking skills, while engaging with real world global and national issues. The experience left them enriched, inspired and eager for the next challenge.



VIID

Shambhavi V. Pawar IXA





Hindi Patriotic Song participants along with Ms. Aparna G, the Hindi teacher who trained them.

Our school celebrated Viswa Hindi Diwas on 26th September, 2025, marking the historical adoption of Hindi as an official language in 1949. The event was a show of our students' talent and a celebration of our rich culture. Students from different grades participated in various activities, including a patriotic song and a Hindi speech that highlighted the importance of Hindi Diwas. The celebration's goal was to instill pride in our language and its soul in uniting the nation.

-Ms. Renjini L.R., Hindi Dept., H.S. Section



'Youthalic-Thrissur' MUN 2025 participants along with the Principal, Ms. Preetha Venugopal, Executive Director, Ms. Deepti Menon and Plus Two teacher, Ms. Swapna P.V.