**VOLUME 4** ISSUE 1 JUNE 2025



# THE PEAL OF HARMONY BE THE APPEAL OF ALL RELIGIONS

Pulse

## **NEWS LETTER**



## Ms. Preetha Venugopal, Principal

## Musings of a Teacher

I had entered the world of teaching with a fair amount of hesitation. It was not a path I had planned, and I was not sure if I could truly connect with students or make a

difference. However, what began as an uncertain step, slowly unfolded into a deeply rewarding journey of learning rather than teaching - thanks to the various batches of children that I have taught over the past twenty

Children of all eras, be it the present, past or future, are a delight to the heart. They make you feel happy, inspired, and free from the dullness of routine. Their curiosity, openness, and genuine innocence are disarming. I found myself learning as much as I taught. They asked questions I had never considered, thought in ways I had not imagined, and responded with empathy that was beyond their years.

Often, we adults find the children of today, difficult and challenging. We accuse them of being unsympathetic or self centred. But over time I have realised that we are being parochial and prejudiced in judging them. This generation is not callous or uncaring as they seem to be. They are just different. We educators have to modify our modus operandi and method of mentoring to channelise them in the right direction.

Today's children are more accepting, more emotionally aware, and far more capable of thinking from multiple perspectives. They do not just learn facts-they challenge them, reshape them, and look for meaning. They have taught me patience, humility, and the value of staying open to change.

I truly believe the younger generation holds the tools to build a more compassionate and thoughtful world. As a teacher, I feel privileged to witness that spark every day-and honoured to have found my purpose through them.

## ISC and ICSE Toppers



NIDHI BALUMOHAN M. SARON SATHEESH MENON HUMANITIES TOPPER



99.75%



ABHIRAM V. FIRST



ARYAN MENON K



S. PRAGALYA SCIENCE TOPPER



P.B. PRARTHANA COMMERCE TOPPER



SHREYAT, VARMA



MEHUL PRAVEEN







Hari Sri School representatives receiving the MLA's Topper Excellence Award in both ISC and ICSE batches



# **HONOURS DAY**

On June 5, 2025, Honours Day was celebrated with a great deal of reverence and enthusiasm. The purpose of the event was to honour the exceptional accomplishments of the students of Class X and XII. The highly anticipated award distribution ceremony was held after a short prayer.

Mr. Akshay Dileep, Asst. Director General of Foreign Trade (Indian Trade Service) and an alumnus, was the Chief Guest. The Honours Day was graced with the presence of the founder Principal, Ms. Nalini Chandran, the Executive Committee members, the Executive Director, Ms. Deepti Menon, the CEO, Mr. P.N. Unnirajan, the Principal, Ms. Preetha Venugopal, the former Principal, Ms. Jaya Nagarajan and Members of the Association of Parents and Teachers (APT).

The students of Class X were felicitated first, followed by the students of Class XII. After the distribution of awards, the Chief Guest and the Principal spoke to the audience and shared their heartfelt congratulations with the award winners. Honours Day 2025 was not only an opportunity to celebrate success but also served as a testament to the values and aims that motivate the school community.

Maria Rose Lindo (XII Sci.)



Trophies and certificates displayed



The Chief Guest, Mr. Akshay Dileep, Founder Principal, Ms. Nalini Chandran, the Principal, Ms. Preetha Venugopal and other dignitaries





1. Founder Principal, Ms. Nalini Chandran giving the memento to the Chief Guest, Mr. Akshay Dileep. 2. The Chief Guest giving the Toppers' Ever rolling trophy to the winners, Nidhi Balumohan M, and Saron Satheesh Menon

## Mrs. Deepti Menon



Dear Hari Sri family, the new session has begun with all its usual fanfare. June is a month replete with a plethora of activities, each more exciting than the one before.

Honours Day was extra special this year as our Board children did us proud with their exemplary results. A large number of them also received the MLA's Topper Excellence Awards, a special moment for our school. The results of the rest of the school were also praiseworthy. Toppers and winners of special categories were given

trophies and certificates.

Reading Week had its share of pleasurable activities by the various sections, each stressing on the significance of literature, books and authors in their own unique ways. The Bookworm Awards were sponsored and presented by Mr. Unnikrishnan of Nirmala Books.

World Environment Day, International Yoga and Music Day were celebrated with austo

It warmed the cockles of our heart to see our children excel in disciplines like cricket, karate, boxing, swimming and carrom at the Zonal level sports meets.

The session has just begun, and we are already in a flurry of action and activities. As Lionel Hampton aptly remarked,"The secret is keeping busy, and loving what you do.'

# **JUNIOR HONOURS DAY-2025**

Celebrating Excellence and Inspiring Future Achieveme

Junior Honours' Day was hosted on the 13th of June 2025, bringing out the dedication of the students who did their best. It was a vibrant celebration. The outstanding academic achievements, leadership qualities, and all-round excellence of the junior students were appreciated on this memorable day. Students of class 5, 6, 7, 8, 9 and 11 were honoured. From being the Class Topper to being the Best All- Rounder, all the students were rewarded for their unwavering spirit and effort.

-Nakshatra K. Abith. Class VIII D



Plus One children being honoured by the school for achieving excellence in different subjects



U.P. Section students were honoured for exceptional mastery across various subjects and individual talents.



High School children who received academic excellence awards in the year 2024 -'25

## L.P. SECTION HONOURS DAY-2025

The L.P Honours Day was celebrated on 12th June with great enthusiasm and joy. It was a wonderful occasion to recognize and applaud the remarkable achievements of our young learners.

The event began with the prestigious Academic Excellence Award, honouring the students who demonstrated outstanding academic prowess throughout the year. It was followed by the Nalini Chandran Award recognizing the children who excelled in English.

Next, the subject toppers were commended for their exceptional mastery across various subjects. The event also featured the presentation of several special awards celebrating individual talents.

The occasion ended on a high note, inspiring all the students to continue their journey of learning and excellence in all fields.

> -Ms. Sreeja Prasad (Co-curricular in-charge, L.P. Section)



L.P. Section children were honoured for their outstanding academic achievements throughout the year 2024 - '25

## **ENVIRONMENT DAY**

As part of the Environment Day celebrations, a variety of activities were conducted to create awareness among children about this year's theme, Beat Plastic Pollution. A video (prepared by the Computer Department) was shown to the students, highlighting the harmful effects of plastic and encouraging them to reduce its usage. To spread the message further, posters related to the theme were displayed on a large cut-out. In addition, students prepared informative charts and write-ups focusing on plastic pollution and its impact. An essay writing competition was also held, giving children an opportunity to express their thoughts and ideas on how to protect the environment.

Adding to the spirit of the day, Environment Day badges were made as a creative way to promote the theme and inspire eco-friendly thinking. The day proved to be both educational and engaging, helping students understand the importance of preserving the environment through small yet impactful actions.

Ms. Pramitha Sijin

## Environment Day Speech by Aditi Surendran, XI Com.

Let me start with one simple question - where do you think plastic goes after we throw it away? Not far. It chokes our oceans, piles up in landfills, poisons our soil and even enters our bodies as microplastics. That is the ugly truth we are facing in 2025. Plastic does not just disappear. It takes up to 1000 years to decompose, outliving us and our future generations. The worst part is that only 9% of plastic has ever been recycled. This is exactly why on Environment Day, the entire world has united under one powerful theme - 'Beat Plastic Pollution'. This year's global celebration is hosted by the Republic of Korea. In fact, India has taken over the reins of sustainability too - from the Indian

Railways running anti-plastic campaigns, to spreading nationwide awareness. Unless we act now, there could be more plastic in the ocean than fish by 2050! We have treated the Earth carelessly, neglecting its plea for help, but it is not too late to change. The future is still in our hands. We do not need to be scientists or politicians to save the planet. We just have to be students that care. Carry a cloth bag, refuse plastic straws, reuse bottles and lunch boxes. Take action, even if it is a small step, because if we are not part of the solution, we are part of the pollution.

# pared essay heir way both rving a Sijin throw it is enters our just disappear. Just disappear is not Day, the entire global celebration is ability too - from the Indian ess we act now, there could be more plastic in the ocean than fish by 2050!

# **INTERNATIONAL YOGA & MUSIC DAY**







U.P. and H.S. Section children performing Yoga in connection with the International Day of Yoga

Our school recently celebrated Music Day and Yoga Day with great enthusiasm, bringing out the perfect harmony between art and wellness. Music Day was a melodious celebration of rhythm and soul. Under the expert guidance of Geetha Miss and Kiran Sir, a group of talented students performed a beautiful line up of songs. Their soulful renditions filled the air with joy and reminded everyone of the power of music to connect hearts and lift spirits. The performances were not just enjoyable, but also a testament to the hard work and dedication of both the teachers and the students.

Following this celebration of melody, the focus shifted to the International Day of Yoga. Guided by the ever-energetic Angel Miss, students showcased a graceful and disciplined yoga performance. The routines demonstrated strength, flexibility and mindfulness, highlighting the importance of maintaining both physical and mental health through the practice of yoga.

Both events were not just performances, but powerful reminders of the role that music and yoga play in enriching our lives — one touches the soul, and the other nurtures the body and mind. Together, they made for a truly inspiring and memorable celebration at school.

—Ruhi Elia Joseph (XI Hum.)



Children from the Plus Two and High School sections performing a beautiful line-up of songs in connection with the World Music Day.

# ANTI DRUG DAY Speech by Nayana Fandry (XI Com)

Good morning, respected teachers and my dear friends, I am Nayana Fandry from Plus One Commerce, and I am really honoured to speak about the need of the hour - the International Day Against Drug Abuse and Illicit Trafficking, which we observe

every year on 26th June. Now, I know when we hear the word 'drugs', we might immediately think, "That's something that happens far away or to other people." But the truth is, drug abuse is closer than you think.

In fact, currently, Kerala is the state with the highest reported cases of drug abuse, even among students and teenagers. This is not just alarming. It is a wake-up call. This day was started by the United Nations to raise awareness about the dangers of drug abuse and the crime of drug trafficking. Every year, the theme changes. This year, in 2025, the theme is: "The evidence is clear: invest in prevention." So, what does that mean? It means we must nip it in the bud. Instead of only reacting after damage is done, we must focus on early education, awareness, and building support systems. Speaking at grassroots levels about the damage of drug abuse has become crucial in today's times. Let us understand what drugs actually do. At first, they might seem like an escape from stress, pressure, sadness, or even boredom. But over time, they take control. They alter how the brain works, damage

physical health, and destroy personal relationships. They lead to isolation, anxiety, and even aggression. The worst part? It often starts small — just 'once' at a party, or because someone 'dared' you. But that one time can spiral into a dangerous habit. That is why saying NO matters. Saying no is not weakness. It is strength. If someone mocks you for it, it says more about them than it does about you. Here is something important to remember: You do not need drugs to feel high. Not when you've got dreams, friends, goals, and your entire life ahead of you. If you ever feel low or overwhelmed, talk to someone - a friend, a teacher or a parent. They will be more than ready to help.

Awareness is key. Be open about it. Talking about mental health, stress, and peer pressure should never be considered shameful — because hiding pain helps no one, but sharing it saves lives. If you know someone who may be struggling, do not stay silent or judge them. Instead, help them, be kind, and stand by them because together, we are stronger than drugs. In the end, I want to leave you with this thought: "You were not born to be wasted — you were born to rise." Let us rise — with awareness, with courage, and with kindness. Let us choose health. Let us choose life. Thank you.

L.P. Children dress up as famous characters and authors on the stage

Bonc

Murthy

Vonderland

# READING WEEK CELEBRATION AND BOOKWORM AWARD CEREMONY

National Reading Day is celebrated in India annually on 19th June, and Reading Week is observed from 19th to 25th June to commemorate the birth anniversary of Sri. P.N. Panicker, who is regarded as the father of the library movement in India. Reading Week aims to promote a culture of reading, and in Hari Sri, the celebrations truly reflected this spirit. A variety of activities and programs were held throughout the week.

The LP section had an amazing week, starting with a Read Aloud Day in class. They also enjoyed competitions such as the English Handwriting Competition and Essay Writing. No book is complete without a bookmark, and our little ones made beautiful handmade

bookmarks to help keep track of their reading. The session was enriching and creative, and the students enjoyed it thoroughly. Eight children had the golden opportunity to dress up as famous characters and authors such as Roald Dahl, Little Red Riding Hood, Willy Wonka, Sudha Murthy, Harry Potter, Vaikkom Muhammad Basheer and more. The week concluded with an inspiring skit that showed how two sisters who were reluctant to read began reading books after meeting various story characters and authors.

In the UP section, the Reading Week celebrations were both exciting and engaging. The week began with a Hand writing Competition, followed by a Book Review session where students shared their thoughts on their favourite books. As the week progressed, children spoke about their favourite poets and authors, which helped enhance their vocabulary and broaden their reading horizons. The celebrations concluded with a remarkable skit performed by the Drama Club, marking a perfect end to the Reading Week in the UP section.

The High School and Plus Two section also joined in the celebration with great enthusiasm. On the 19th, a Handwriting Competition was held for Class 8 students.



The 20th was perhaps the most awaited day, featuring a storytelling session in the auditorium by Sidharth Varma, a renowned personality in the field of theatre. His passionate and energetic storytelling was greatly enjoyed by all. On the 23rd and 24th, students prepared short speeches about their favourite literary characters and presented them in class. This activity was a hit, as it gave students the opportunity to express their thoughts and creativity. On the 25th, skits were performed by the English, Malayalam, and Hindi departments. Former Principal, Ms. Nalini Chandran, Executive Director Deepti Ma'am and Principal Preetha Ma'am addressed the students with inspiring speeches. The much-awaited Bookworm Award Function marked the grand finale, where students who read the most books were awarded certificates and trophies. These awards encouraged and inspired many to develop a regular reading habit. In conclusion, the Reading Week celebration was a vibrant and enriching experience for all students.

Through a variety of competitions, storytelling sessions, and engaging skits, students not only explored the joy of reading but also developed their creativity, confidence, and communication skills. The active participation and enthusiasm of the children reflected their growing love for books. As the week came to a close, it left behind a powerful message — that reading is not just a habit, but a lifelong journey of imagination, learning, and discovery.

Elaina Berin (XI Hum)



Founder Principal Ms. Nalini Chandran introducing the Special Guest Mr. Sidharth Varma, and his wife Ms. Krisha Kurup along with the Executive Director, Ms. Deepti Menon.

# Bookworm Award Winners 2024-'25



# **Bookworm Trophy Winners**

Panakal Joseph Ruan, VB, Samantha Madhush, IV A, Aleena Mary Gleeson, VI D, Vani A. Suresh, IX D, Aadhya K. Sunil, VII A, Anwita A. Nair, VIII A, Athulya P, X A and Advaith O.R., XII Sci. along with the most encouraging teacher, Ms. Chinju Ratheesh, and librarians, Mr. Saieev R. and Ms. Mahalakshmi P.K.





The Theatre Artist Mr. Sidharth Varma acting in a storytelling session













## **READING WEEK ACTIVITIES Contd...**



Ms. Iby Elizabeth Daison



Ms. Anita Mohan



Ms. Jyothi Sreenarayanan



Elaina Berin XI Hum.



Kalyani Keeran VIII A



The Executive Director, Ms. Deepti Menon and Principal, Ms. Preetha Venugopal, jointly giving a memento to Mr. Unnikrishnan T.V., the Branch Manager, Nirmala Books











Plus Two and High School children from the Drama Club performing the skit in connection with the Reading Week





Children of L.P. section dressed up as characters and authors - Dhruv Menon (as Roald Dahl), Aadya Anoop (Anchor), Swara Mayur Paril (Alice in Wonderland) Samantha Madush (Anchor), Vardhan Vaisakh (Ruskin Bond), Adithyan J. Nair (Willy Wonka), Ved Kuttissery (Vallothol Narayana Menon), Anton Joseph (Harry Potter) Adithya Anoop Konai (Wimpy Kid), Diya K. S. (Sudha Murthy), Parvana Vikas (Red Riding Hood), Sanvi Renjith (Welcome Speech), Jose Paul (Vaikkom Mohammed Basheer)

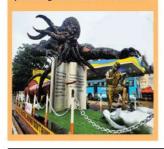


The Drama Club members showcased a skit on 25th June, 2025 in connection with the Reading Week



Mr. Sidharth Varma and Ms. Krisha Kurup interacting with the children

Fatmah Zahrah Gasnafar of Class VI D got the Second prize in the drawing competition organised by the Anti Narcotic Cell in connection with the inauguration of the Outdoor Sculpture Installation, placed at the Vadakke Bus Stand, Thrissur. The theme of the painting was 'eaneleeoolee'



## **ACHIEVEMENTS**



Anay Akhil, IVC First Runner-up in the Badminton Tournament



Anton T Alen, VI A secured Third Prize in the Martial Arts tournament held at Mysuru.



Rishab Govind, IIC Third in Singles' Carrom by Kerala State Carrom Association, Tcr.



Rithika Nishil, IV D First in Girls' Doubles and Second in Singles U-11 Badminton Tournament by TDBA



Anket Krishna, II D First Rank in Abacus (State Level) Exam



Anton Josef Dhan, IVB with his 'The Stupid Guy who went for Off-Roading

## **Anton Josef Dhan**

A nine-year-old 4th grader Anton Josef Dhan is a talented artist and a creative story writer. His creativity shines on his works be it sketching, painting, model making and story telling. This is his first ever illustrated story book in which he drew out an off road adventure and his fun adventures. The stories came out of his little heart filled with passion for cars. It is definitely a fun book to read.





The Indo-Korean Cultural and Information Centre INTERNATIONAL ART & DESIGN CONTEST 2025

Akshitha Krishna (XIICom.) & Gouripriya K.S. (XII Hum.)



These talented budding artists are selected for the final round of International Art & Design Contest going to be held in Busan, South Korea. 10 students were selected from our school in the preliminary round.









CISCE Zonal Level Boxing and Carroms Tournament team with the Principal, Ms. Preetha Venugopal, and the Physical Education Head, Mr. Dileep Williams. The tournament was held at St. Francis School, Vadakkenchery, on the 28th of June, 2025.



CISCE Zonal Level Boxing Team from Hari Sri Vidya Nidhi School. Winners are: Sridev V. Nair, XD (Gold), Nirav Jiju, XB (Gold), Ashmita Chakkalakkal, IX B (Gold), Yeswandh S., VIII A (Gold), Ryan Joseph, VI B (Gold) All are selected for the State Level Competition.



CISCE Zonal Level Karate Championship held at Kuriachira St. Joseph's Model Public School. Hari Sri team bagged the First Runner-up Trophy.





The CISCE Zonal Level Lawn Tennis Championship was held at Christ Vidyanikethan School, Irinjalakuda, on 18-6-2025.

Under 14 Boys - Rafan, VI A (3rd in Singles) Bronze

Rafan and Aditya Nair, VII A (Doubles Gold Medal)

Under 14 Girls - Namratha, VI D (Silver in Singles), Udita, VI B and

Namratha (Doubles Gold)

Under 17 Girls - Raga Ram, VIII A (Silver in Singles)

Swara Ram, VIII A (Bronze in Singles), Swara and Raga (Gold in Doubles)

Under 17 Boys - Paul, Class IX (Bronze in Singles)

Paul and Dev, Class IX (Gold in Doubles)

Under 19 Girls - Akansha Ajay, XII Sci. (Gold in Singles) Sunaina Ajay, Class X (Silver in Singles)



CISCE Swimming Championship held at Don Bosco School, Irinjalakuda, on 21-6-2025. Eleven children participated.

Nived Shibil (3 Gold) selected for the E-Zone team

Sean Valiaveedan, VII A (I Gold, 1 Silver and 1 Bronze),

Ishaan Sanjay, VI B (2 Bronze)

Diya Ann Pavoos, VI C (3 Gold)

Jiyah Ann Mariam, Class VIII (1 Silver and 1 Bronze)

Rosaline Valiaveedan, IX B (1 Gold and 1 Silver)

John Michlet, XII Sci. (1 Silver)

Vismay Nath, XII Sci.(1 Silver and 1 Bronze)

Sreehari Praveen, XC (1 Gold)

Ann Rajesh, XI Com. (2 Gold)

Maria Rajesh, XC (1 Gold)



CISCE E-Zone Yoga Championship held at Lord's Academy, Varandarapilly

Hari Sri Vidya Nidhi bagged Runners-up Trophy with 67 points.

Under 19 Girls: Ayisha 1st in Group and Artistic, Anlin 2nd in Group

Under 17 Girls: Girls Aida 2nd in Artistic and 1st in Group Shivani 2nd in Rythmic, Varada 2nd in Group,

Sreedevi 4th in Group, Mookambika 5th in Group

Under 17 Boys: Manvik 2nd in Group and Rythmic

Under 14 Girls: Brinda 3rd in Rhythmic, Aradhika 1st in Artistic,

Neelanjana 2nd in Group

Under 14 Boys: Jayvardan 1st in Traditional and 2nd in Rhythmic

Harshavardhan 4th in Group.



Hari Sri Vidya Nidhi School Cricket Team