Pulse ^

#### **NEWS LETTER**

#### Ms. Praseetha Rajeev

L.P Section Head



'If you see any thing in yourself which may make you proud, look a little further and you will find enough to make you humble."

-Wellins Colcott Being proud of oneself is more than a fleeting emotion. It is a profound recognition of one's journey, achievements and resilience. Recognizing and celebrating achievements become a source of motivation, propelling individuals to

strive for continuous improvement. It is a journey for growth and self-disovery. It signifies the ability to navigate challenges, learn from experiences and emerge stronger. The impact of being proud of oneself extends beyond personal satisfaction, it influences how individuals interact with the world. Confident individuals are more likely to pursue new challenges, engage in constructive relationships, and contribute positively to their communities.

However, it is essential to distinguish between genuine self-pride and an inflated ego. Expressive pride can lead to complacency and hinder further growth. Hence, the key lies in maintaining a humble attitude, recognizing that there is always room for improvement.

### GARBAGE FREE INDIA



achhata

15 September - 2 October 2023

#### Swachh Bharat

In connection with Gandhi Jayanti, our school embraced Swachh Bharat with a unique initiative. Children cleaned their own classrooms during the last two periods, blending responsibility with fun. This hands-on experience not only honoured Gandhiji's vision but also taught us the importance of keeping our surroundings clean. Together with friends, we learnt that taking care of our space is an important job for all of us.

Anushka Ram Menon, IX B













High School Section











Plus Two Section







U.P children busy in cleaning







# 'AT HOME'

#### Mrs. Deepti Menon

**Executive Director** 



Dear Hari Sri Family,

The month of October started with a tribute to Mahatma Gandhi by the children who cleaned their classrooms and the corridors of the school following the principle of Swacch Bharat. The students were privileged to have an interactive session with Sri. Vasudev Ravi (IFS), Deputy Secretary (PR), Ministry of External Affairs. He enlightened them

on the G20 Summit held in September 2023, resulting in a flurry of questions. The At Home function of the High School and Plus, and later that of the LP Section were deeply appreciated by the parents. Following the norm, Navaratri was celebrated with a 'bomma kolu' and bhajans being sung with fervour and joy. Hari Sri Vidya Nidhi was one of the schools that won an award at the ELDROK Summit held at the Grand Hyatt, Kochi in October.

So long, then, dear friends, see you again next month!



The audience at a glance!



Our orchestra in action



Semi Classical Dance performance



A Court Scene from the English Skit

#### PLUS TWO & HIGH SCHOOL SECTIONS

As an initiative for the holistic development of all, Hari Sri Vidya Nidhi has once again proved that academics is not all that matters. On the 14th of October, our students took part in the annual 'At Home', a platform to showcase one's talent and abilities. Making it a necessity for all pupils to perform, the school proves that one is no less than the other. This year's theme, 'Breaking the Barriers', symbolizes the significance of expanding beyond limitations into joy and freedom. The students of High School and Plus One, with the efforts of their teachers and mentors, put up a spectacularly organized show, in such a short span of time, surprising even themselves with its wonderful outcome. The inauguration began with a melodious orchestra comprising of guitars, 'keytar' (synthesizer), violins and an amazing guitar solo, leaving the audience dazed. The high school performed an impactful skit on the hazards of drug abuse, the social issue of rape and the importance of family. This was followed by eye-catching dance performances and a musical medley by the choir. The high school show came to an end with a spectacular contemporary dance performance leaving the audience energized.

Then it was finally the time for the Plus One Section to shine. A group of musical students sang and danced to Paranne, a song from the movie 'Koode'. This was followed by splendid dance forms involving Bharatnatyam and a form of tribal dancing, with graceful and catchy movements, keeping the crowd engaged. Falling in line with the theme, was an excellent skit emphasizing the importance of breaking caste barriers and treating all as equal, educating the students on the efforts taken by the reformers of our country who contributed greatly to the eradication of caste-based discrimination. This year's show was a grant success, receiving positive feedback from teachers, students and parents alike.

We show our deep gratitude to our Principal, Ms. Preetha Venugopal and our Executive Director, Ms. Deepti Menon, as well as our teachers and mentors for always encouraging us through our endeavours and standing by our side.



A birthday celebration with great pomp and gaiety!





Various scenes from the English Skit

## 'AT HOME'

#### PLUS TWO & HIGH SCHOOL SECTION



Group Song by High School children



Contemporary Dance by HS Section





Poetry in Motion by HS Section



Cinematic Dance by High School Students



Group Song by the Plus Two children



Innovative Item by the Plus Two



Scenes from the Poetry in Motion



'Kurathi Dance' by High School Section



Dance performance by HS Section



A scene from Poetry in Motion presented by the Plus Two Section



At Home participants from High School and Plus Two Sections

## 'AT HOME'- L.P. SECTION

The LP 'At Home' was held on October 28th, 2023, in the Hari Sri School Auditorium. Almost 250 students participated in the programme. The programme started with a prayer followed by a welcome dance which mimicked Odissi Dance. After the Welcome Dance, students of Class 1 sang a group of Malayalam songs melodiously. An English skit of Ruskin Bond, 'The Blue Umbrella' was amazingly presented by the LP students. Then came a dynamic performance of LP kids with the pop singer Sia's song 'The Unstoppable'. This energetic performance was followed by English recitation. The LP students also performed a poem based on 'Amazon Forest' written by Nandakumar Choorikaddu. The choir entertained us with some beautiful songs.

Time is the most valuable thing in life. A skit based on the value of time was put on by the students on stage. The last and elegant programme was a fusion dance based on the theme 'Theyyam'.

Conclusion:-

The LP students executed all their programmes to their best. As usual Hari Sri took the initiative to give a chance to almost all the students with the help of their teachers.

Sridev.V. Nair, Class VIII B



Prayer: Bhavayami



Anchors: Aman D Krishna & Akshara Prayeen



The audience



Principal Ms. Preetha Venugopal addressing the audience



Welcome Speech : Ms. Praseetha Rajeev (L.P. Section Head)



Welcome Dance





Group Song







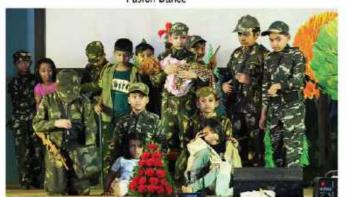
Different scenes from the skit-'The Blue Umbrella'



English Skit



Fusion Dance





**English Recitation** 





Various scenes from the Poetry in Motion





Group Song





Group Song











Scenes from the Innovative Item









'Theyyam' Fusion Dance

# **NAVARATHRI CELEBRATION**





'Arathi' by the Administrator Ms. Jayashree Parameswaran



Dandia dance by the teachers in their colourful best!

Navarathri was celebrated with great festivity and joy at Hari Sri Vidya Nidhi School, Punkunnam, Thrissur. The festival marks the victory of good over evil. The school laid out the elaborate 'Bommakolu', which was a feast for the eyes. The craft teachers, Ms. Suma Saji and Ms. Mini Joshy, along with the School Captains arranged the 'kolu'. The choir children sang bhajans with our music teacher, Mr. Kiran on the guitar. The Administrator, Ms. Jayashree Parameswaran did the arathi for the Bhommakolu.

### DANDIA NIGHT

In India, Navarathri is celebrated in different ways - Durga Pooja in Bengal, Garbha in Gujarat. For the first time in the history of Hari Sri, we teachers celebrated Navarathri by performing Garbha on the evening of 20th October, 2023.

Our Executive Director Ms. Deepti Menon, Principal, Ms. Preetha Venugopal, Vice principals Ms. Bindu Suraj and Ms. Neena Harishankar, Administrator, Ms. Jayashree Parameswaran, teaching and non-teaching staff of all the sections rocked the floor with their amazing performance.





### **ELDROK INDIA K - 12 AWARD 2023**









Mr & Mrs. Shadivakar, parents of Aman Shaj (XI) presented a beautiful acrylic painting done by the former to our Executive Director and the Principal.

ELDROK SCHOOL CANVAS - TECHNOLOGY FOR SMART SCHOOLS India K Award 2023 for Hari Sri Vidya Nidhi School, Punkunnam, for excellence in providing affordable and quality education. The Award Ceremony was conducted in Grand Hyatt Kochi, Bolgatty, on 27th October, 2023. Executive Director Ms. Deepti Menon and Principal, Ms, Preetha Venugopal received the award on behalf of the Hari Sri Family.





The D-Zone participants of the Karate Championship along with Chief Instructor Sensel Paul Thomas.





The Regional Level Karate Championship winners



Raveen Krishna and Aagney R Krishnan participated in the National level for the Kerala team. Aagney R. Krishnan got the Silver Medal.

#### ASISC ATHLETIC MEET

The Zonal Level Athletic Meet was held at Christ Vidya Nikethan, Irinjalakuda, on the 18th and 19th of September, 2023.

There were 20 schools in total, out of which Hari Sri secured the Third Position. In the Under 19 Category, Hari Sri won the Runner-up Trophy.

First prize winners are as follows:

Under 14 Girls: Muktesha A.H. 100mts. Race Under 17 Girls:

Alona Lannel Triple Jump and 100 mts. Hurdles

Akansha Ajay Kallath

Javelin Throw

Under 17 Boys: Sriniket E.R.

100 mts. Hurdles Vasudev Prasad

Discus Throw

Under 19 Girls:

Piyanka P Sajan Long Jump

Vrinda Warrier Discus Throw Sivani Sudheer

(Individual Champion), 400 & 100 mts. Hurdles, Triple Jump

Under 19 Boys:

Romaan Edison (Individual Champion), Shotput, Javelin Throw



In the under 19 category, Shivani Sudheer (Girls category), Romaan Edison (Boys category) become the Individual Champions in the ASISC Zonal Level Athletic Meet held at Christ Vidya Nikethan, Irinjalakuda.



Romaan Edison (XII Science) Individual Champion of ASISC Kerala Region Championship 2023

ASISC Karate D-Zone and Regional level competitions were conducted at St. Mary's School, Chevarambalam, Calicut. From the D-Zone level, six children from Hari Sri Vidya Nidhi School were selected for the Regional Level. The winners were Piyanka P Sajan (Gold), Aagney R. Krishnan (Gold), P.B. Prarthana (Gold), Dhitha Savithry (Silver), Raveen Krishna (Silver) and Janvi Krishnadas (Bronze). In the Regional Level, Piyanka P Sajan, Prarthana P.B, Aagney R. Krishnan and Raveen Krishna got Gold Medals and were selected for the Nationals.

The National Karate Championship was conducted at Divine Mercy School, Kolkota, from 3rd to 5th November, 2023. In this, Raveen Krishna and Aagney Krishna participated from the Kerala team. Aagney R Krishna got the Silver Medal in the National Championship, Sensei Paul Thomas is the instructor of the Hari Sri



The Athletic team with the Physical Education Instructor, Mr. Dileep Williams



Under 19 Boys Runner-up team



ഹരിശ്രീ വിദ്യാനിധിയിലെ മലയാളം അധാപിക ശ്രീമതി. മായാക്യഷ്ണന്റെ ഗവേഷണ ഗ്രന്ഥമായ 'ആത്: പ്രതിഭോധ തന്ത്രഞ്ഞർ വേവിക്കുട്ടിയുടെ കഥകളിൽ' ഹരിശ്രീഓഡിറ്റോറിയത്തിൽ വെച്ച് പ്രകാരനം ചെയ്തു. സ്കൂൻ എക്സി ഡയറക്ടർ ശ്രിട്ടതി.ദീപ്തി മേനോൻ, പ്രിൻസിപ്പാൾ ശ്രീടതി. പ്രീതാ വേണുതോപാലിനു കൈമാറി പ്രകാശനം നിർവ്വഹിച്ചു. സ്കൂൽ സ്ഥാപക പ്രിൻസിഫാൾ നളിനിചന്ദ്രന്റെ ചേന്നിയ സാന്നിയ്യം ചടങ്ങിനു മോടി വർദ്ധീഷിച്ചു.